



No. 24/2024

TO UEFA MEMBER ASSOCIATIONS

For the attention of
the President and the General Secretary

Your reference	Your correspondence of	Our reference	Date
		MED/ZBA	27 May 2024

Medical Information – pre-season 2024/25
UEFA Medical Regulations, 2024 edition

Dear Sir or Madam,

At its meeting in Hamburg on 2 December 2023, the UEFA Executive Committee approved a new edition of the UEFA Medical Regulations, coming into force on **1 July 2024**. Several aspects of UEFA's medical programme been updated with the aim to further improve the healthcare of football players and officials.

While the new edition has already been uploaded for some time on the UEFA portal, [UEFA Medical Regulations 2024](#), with the date of entry into force now approaching, we would like to make sure that the new features are well known to all those responsible for medical areas.

To summarise, the main changes are the following:

- Main change in the Definitions section:
 - Article 2.02: Automated external defibrillator (AED)
 - Concussion Charter
 - Host
 - Match officials and referee team
 - Paramedic
- Main changes in Chapter II: Medical Examination of players:
 - 3.02a: Inclusion of the UEFA European Women's Championship, including the UEFA Women's Nations League and Women's European Qualifiers
 - 3.03: Medical examinations to be completed before registration
 - 4.02: Requirement to keep players' medical records up to date
 - 5.04: Symptom-limited exercise ECG recommendation for players over the age of 35

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- Main changes in Chapter III: Medical Examination of match officials
 - 8.02: National associations to confirm that all match officials have undergone the medical examinations, UEFA can request a confirmation
 - 8.03: Symptom-limited exercise ECG recommendation for match officials over the age of 35
 - Inclusion of Chapter IV: Match-related medical provisions(new)
 - 9: Team doctor requirements and stipulation of their qualifications and responsibilities
 - 10: Concussion Charter to be signed by the president/CEO, head coach and team doctor
 - 11: Cooling and drinks breaks in extreme weather conditions
 - Main changes in chapter V: Minimum Medical Requirements section:
 - 12.01 – 12.06: Amendments to the general provisions for minimum medical requirements, including stipulation of stricter medical requirements for finals and final tournaments, medical inspections to be carried out on matchday-1 and matchday, presence of a medical doctor at match official training sessions, and responsibilities of hosts and teams in regard to medical services when training sessions have been moved from the match venue
 - 14.01b: Inclusion of the UEFA European Women's Championship, including the UEFA Women's Nations League and Women's European Qualifiers
 - 14.02 + 14.04: Clarification of equipment provided in the ambulance, as well as its availability at matchday-1 training sessions of competitions listed under article 12.01b
 - 15.01, 15.03, 15.04 + 15.05: Clarifications of the skills, roles and responsibilities of the pitchside emergency doctor
 - 15.02b: Inclusion of the UEFA European Women's Championship, including the UEFA Women's Nations League and Women's European Qualifiers
 - 16.01: Requirement for the emergency medical room and equipment to be easily accessible from the pitch
 - 17.01: Pre-match medical information reviewed
 - Inclusion of Article 21 - Final provisions to empower the UEFA Medical Committee, to amend all annexes forming an integral part of these regulations at any time, based on the most recent medical and scientific evidence.
 - Main changes in the Medical Examinations of Players and Match Officials into the Annex A based on the medical and scientific evidence.
 - Inclusion of the concussion charter into Annex C.
 - Inclusion of the cooling and drinks break into annex D.

While this letter will also be sent directly to clubs qualified for UEFA competitions, we ask that associations ensure it is forwarded to all relevant staff and medical officials in charge of each of their national teams.

If you have any questions about the new regulations and features, please contact medical@uefa.ch.

Yours faithfully,

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Theodore Theodoridis
General Secretary

Enclosure

- Medical Regulations, 2024

cc (via national association)

- Team doctors
- Team representatives

cc (with enclosure)

- UEFA Executive Committee
- National Associations Committee
- Referees Committee
- National Team Competitions Committee
- Club Competitions Committee
- Youth and Amateur Football Committee
- Women's Football Committee
- European members of the FIFA Council
- FIFA, Zurich